

# The Lemon Grove REVIEW



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## East County CIF champ named Minor League Manager of Year

by Greg Eichelberger

Although on the verge of stepping into a position that is reserved for a select few, Brian Graham, a 1978 graduate of Granite Hills High School, has never forgotten his East County roots, or what it was that has taken him so far in the realm of professional baseball.

And that, more than anything else, has propelled him up the ladder of the Cleveland Indians' organization to the point where he now manages the club's AAA team, the Buffalo Bisons, just a heartbeat away from the Big Show itself.

But the leadership qualities that now manifest themselves did not come without an excruciating amount of sweat and tears.

After graduating from high school (where he helped lead Gordy Thompson's Eagles to their first CIF championship in 1977), he played four years for the UCLA Bruins. He was drafted (in 1982) by the Oakland Athletics, beginning his minor league career.

A career that led him to toil in venues in Oregon; Modesto, California; New York; and the A's Double-A team in Alabama, in an elusive attempt to make the big leagues.

He was then traded to the Milwaukee Brewers in 1986, then to Detroit and, finally, to the Indians, who added him to their AA team roster in Waterbury, Conn.

He recalls that he spent his entire playing tenure in the minors. He said he was there for five years, when the average time spent down there,

before a player is released, is only two.

The cold hard statistics also show that only about five percent of all minor league ballplayers ever make it to the big time clubs, and Graham was no exception.

After a stint at Waterbury helping to groom the then 19-year-old Jay Bell (who went on to star with Pittsburgh), he knew his playing days were over.

But, it was only the beginning of a new chapter in his association with America's pastime.

In 1987, he was asked to coach the defensive players on Cleveland's level A club in Kenston, N.C. "I was working under Mike Hargrove, who was the team's skipper at the time," he said.

Graham made such an impression on Hargrove, that when the latter began moving up the Indians' corporate structure, he took the Granite Hills grad with him, first to the AA team in Williamsport, Penn. (also home of the Little League World Series), and later to Buffalo, but not before Graham was given an opportunity to manage the organization's Rookie League squad in Watertown, N. Y., where he led them to the most victories they had ever achieved.

"I had no idea at the time," he said. "I didn't find that out until the end of the season," adding that those kinds of thing really didn't make much of a dif-



Brian Graham

ference, as long as the players were doing their best and learning to overcome their mistakes.

It was about that time that Graham, who never really anticipated a career in coaching, finally looked around, saw his many successes in the form of high-quality players and human beings, and realized that he had finally found his niche in life.

That attitude finally led to his present position as the manager of the Bisons, which he stepped into when Hargrove assumed the helm of the Indians in 1995.

It was in that capacity that he won the Minor League Manager of the Year Award from *USA Today* last season as his team won its division (only

to lose to the Reds' AAA franchise, Indianapolis in the play-offs).

"It was quite an honor," he said. "But I'm not really looking for awards and such, I just want to pass on my knowledge and experiences to my club. And I believe my being in the minors for so long only helps me to do that."

He said that the bus trips, playing every day in all sorts of conditions and on all kinds of fields, helps him to understand what his players have and are going through.

They, in turn, see where he's been, and a mutual respect develops. He feels that gives them an added incentive to be the best they can be, and it shows in who he has sent to the Majors.

He also believes that when a big league ballplayer signs a huge contract, he has paid his dues and deserves it, although the perception is that it wasn't earned.

"I've coached many men that have succeeded in the bigs," he said. These, he said, included Albert Belle (now a Chicago White Sox), and outfielder Brian Giles, another Granite Hills alum, among others, and he can't think of one who hasn't given many times more than he's received.

Graham thinks Belle is the most intense competitor he has ever seen, but his off-the-field antics may make it difficult for him to reach his full potential

Giles gets praise as "a terrific human being and a fierce, focused ballplayer, with all the right tools and a great future."

Graham recalls that after the last East County Baseball Camp in January, Giles, who had just signed a lucrative contract with Nike, told him to pick anything out of the catalog that he wanted. "Anything, he told me," said Graham. "That was just his way of saying 'Thanks, coach.'"

And being such a minor league bigwig hasn't kept Graham from returning each year to participate, with El Capitan's Steve Vickery and others, to help run the baseball clinic for local youth.

"This is one of the greatest times of my life," he said. "Steve and I have breakfast at 6 a.m., and then tell war stories until preparations begin. After that, it's all work until the last kid leaves."

It is also Graham's influence that has attracted star players such as Eric Karros, Giles, Tony Clark, Charles Nagy, Tom Fordham and others to these affairs.

He feels that it's important for these men, and himself, give something back to the youth of their community.

Graham would like to be remembered, not only as a loving husband and father (to his wife, Karen and their two children), but as a coach who earned the respect of his players through his hard work and devotion.

Graham will not be at the last camp scheduled for Feb. 15 - 17, because he is in Buffalo preparing for the upcoming season.

## East County AYSO all-star tournaments wrap up local season

by Michael Krawczak

During the latter part of each AYSO soccer season, coaches nominate players from their teams for consideration as members of the post-season all star teams. Coaches then scout games involving the youngsters and, later, vote.

At the end of the regular season, the selectees receive congratulatory calls from their new coaches. Then it's off to meet and practice with their new teammates during the brief period available to mold groups of outstanding individual players into cohesive units, ready for competition against their East County peers.

The Area V all star tournament took place across East County Jan. 25 and Feb. 1, with semifinal and final matches played on Feb. 2.

In Division 3 Boys action at

Montgomery Field in El Cajon, the La Mesa All Stars downed the Lakeside Bulldogs, 4-2, in the championship final. La Mesa goalkeeper Jeff Freeman made several great saves. Aaron Garcia knocked in two of the goals in the final.

La Mesa Coach Dave Butler noted the contributions that Joey MacIsaac, Bradley Bolland and Derek Butler made throughout the tournament. Star forward Andrew Grogg was injured before the tournament and was unable to play, but lent sideline support as the team pulled together despite the absence of his leadership on the field.

In the Division 3 Girls final, Santee Kickin'it rode a pair of goals each by Katie Hangis and Amy Thessen to a 4-2 victory over El Cajon, in front of the hometown crowd at Prospect School. The two teams had met

earlier in the tournament, playing to a 0-0 tie. El Cajon advanced to the final following an exciting shootout semifinal victory over La Mesa.

Santee had an incredibly balanced squad. Four goalkeepers - Thessen, Sheena Roll, Lisa Cunningham and Nicole Tunnell - rotated net duties, a quarter at a time. On defense, Danielle Cruz, Christine Carpenter and Megan Behnke helped limit their tournament opponents to just four total goals.

Coach Dan Lovin, assisted by J. Carpenter, noted the contributions of midfielders Leah Merrin, Racquel Nunez, Joanna Cavanaugh, Becky Parmer and Michaela Shepard. Forwards Heather Lovin and Jackie Turpin rounded out the Kickin'it team effort.

In Alpine, Santee F5 (a name taken from the movie "Twister") edged La Mesa, 3-2,



Player for Santee (stripes) kicks ball as a La Mesa player comes up to challenge during AYSO All-Star match at Grossmont High School as the AYSO teams wound down the local season's play.

Photo by Mike Krawczak

to become the Division 4 Boys champion. Santee averted overtime when, with 15 seconds remaining in the fourth quarter, Kyle Smith lobbed a pass from Kevon Peterson over

the La Mesa goalkeeper's head into the net.

In a very competitive tournament, Santee posted five wins and one tie, including two

Continued on Page 4



# Lemon Grove Fire Log

Jan. 24-30, 1997

6800 blk. Federal Blvd. Commercial/industrial fire.  
7400 blk. Beryl St. Evaluate for the Sheriff.  
Columbus Pl./Lemon Grove Ave. Single-engine response.  
3600 blk. Hilltop Dr. Person down.  
3600 blk. Olive St. Possible heart.  
1900 blk. Berry St. Abdominal pains.  
1500 blk. Corta Del Sur. Fall.  
3100 blk. Crane St. Chest pains.  
1400 blk. La Corta Cir. Medical aid.  
Hwy 94 EB/Grove St. Vehicle accident freeway.  
3500 blk. Citrus St. Assault victim.  
2600 blk. Buena Vista Ave. Difficulty breathing.  
Broadway/New Jersey Ave. Vehicle accident.  
8000 blk. Lemon Grove Way. Chest pains.  
2100 blk. Ensenada St. Assist invalid.  
2500 blk. Hardy Dr. Vehicle fire.  
Palm St./Skyline Dr. Traffic accident.  
2400 blk. New Jersey Ave. Broken leg.  
3400 blk. Washington Ave. Chest pains.  
8100 blk. Broadway. Difficulty breathing.  
7800 blk. Broadway. Person down.  
6700 blk. Hibiscus Dr. Vehicle fire.  
Blossom Ln./Washington St. Outdoor odor check.  
3600 blk. Grove St. Chest pains.  
Sweetwater Rd./Palm St. Traffic accident.  
Hwy 94 EB/College Ave. Large vehicle fire.  
7900 blk. Broadway. Medic alert alarm.  
1800 blk. El Dora St. Residential structure fire.  
8000 blk. Lemon Grove Way. Chest pains.  
7000 blk. Casa Ln. Medical aid.

## In the Service

Navy Petty Officer 2nd Class **Jay E. Fischer**, a 1979 graduate of Helix High School, is halfway through a six-month deployment to the Western Pacific Ocean and Persian Gulf aboard the guided missile cruiser USS Cowpens.

Homeported in San Diego, Fischer is one of 390 sailors aboard the ship who have traveled more than 12,000 miles while operating with the Kitty Hawk Battle Group.

He joined the Navy in 1994.

## PUBLIC NOTICES

### SUMMONS-FAMILY LAW CITACION JUDICIAL- DERECHO DE FAMILIA

**NOTICE TO RESPONDENT  
(Name): AVISO AL DEMAN-  
DADO (Nombre):**  
TIMOTHY WAYNE CLE-  
VINGER

You are being sued. A usted le  
están demandando.

**PETITIONER'S NAME IS:  
EL NOMBRE DEL DEMAN-  
DANTE ES:**  
CHRISTINA TUMARA KIM-  
BER

**CASE NUMBER: (Numero del  
Caso) ED 96D010317**

You have **30 CALENDAR  
DAYS** after this Summons and  
Petition are served on you to file a  
Response (form 1282) at the court  
and serve a copy on the petitioner.  
A letter or phone call will not pro-  
tect you.

If you do not file your Response  
on time, the court may make  
orders affecting your marriage,  
your property, and custody of your  
children. You may be ordered to  
pay support and attorney fees and  
costs. If you cannot pay the filing  
fee, ask the clerk for a fee waiver  
form.

If you want legal advice, contact  
a lawyer immediately.

Usted tiene **30 DIAS CALEN-  
DARIOS** después de recibir ofi-  
cialmente esta citación judicial y  
petición, para completar y presen-  
tar su formulario de Respuesta  
(Response form 1282) ante la  
corte. Una carta o una llamada  
teléfono no le ofrecerá protec-  
ción.

Si usted no presenta su Respon-  
sa a tiempo, la corte puede expedir  
órdenes que afecten su matrimo-  
nio, su propiedad y que ordenen  
que usted pague mantención, hono-  
rarios de abogado y las costas. Si  
no puede pagar las costas por la  
presentación de la demanda, pida  
al actuante de la corte que le dé un  
formulario de exoneración de las  
mismas (Waiver of Court Fees and  
Costs).

Si desea obtener consejo legal,  
comuníquese de inmediato con un  
abogado.

**NOTICE** The restraining orders  
on the back are effective against  
both husband and wife until the  
petition is dismissed, a judgment  
is entered, or the court makes fur-  
ther orders. These orders are  
enforceable anywhere in Califor-  
nia by any law enforcement officer  
who has received or seen a copy of  
them.

**AVISO** Las prohibiciones judi-  
ciales que aparecen al reverso de  
esta citación son efectivas para  
ambos cónyuges, tanto el esposo  
como la esposa, hasta que la pe-  
tición sea rechazada, se dicte una  
decisión final o la corte expida  
instrucciones adicionales. Dichas  
prohibiciones pueden hacerse  
cumplir en cualquier parte de Cali-  
fornia por cualquier agente del  
orden público que las haya  
recibido o que haya visto una  
copia de ellas.

1. The name and address of the  
court is: (El nombre y dirección de  
la corte es)

**ORANGE COUNTY SUPERI-  
OR COURT**  
Family Law  
341 The City Drive  
Orange, CA 92613

2. The name, address, and tele-  
phone number of petitioner's attor-  
ney, or petitioner without an  
attorney, is:

(El nombre, la dirección y el  
numero de teléfono del abogado  
del demandante, o del demandante  
que no tiene abogado, es)

**THOMAS GEORGE KEY**  
13522 Newport Avenue, 2nd Floor  
Tustin, CA 92780

**TELEPHONE NUMBER:**  
714-838-3974

Date (Fecha) OCT 23, 1996

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ario), by J. BECK, Deputy

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Lemon Grove Review  
Jan. 28, Feb. 4, 11 & 18, 1997

## The Lemon Grove Review

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Only publication of an advertise-  
ment shall constitute final acceptance.

Send all correspondence to: Forum  
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## Lemon Grove Almanac

1994 Population: 25,100  
Incorporated: 1977  
Area: 3.75 sq. mi.  
Median income: \$34,399  
1996-97 city budget: \$26.3 million  
1996 taxable sales: \$265 million  
Mayor: Mary Teresa Sessom  
Council: Thomas Clabby  
Craig Lake  
Dwight Shelley  
Jeff Jandura

City Manager: Doug Yount  
Planning Director: Jim Butler  
City Attorney: Gloria McLean  
City Clerk: Christine Taub  
Sheriff's Capt.: Yolanda Collins  
Fire Chief: Dale Chamberlain  
Congressional district:  
52nd - Duncan Hunter  
State Senate district:  
40th - Steve Peace  
State Assembly district:  
77th - Steve Baldwin  
Supervisory district:  
2nd - Dianne Jacob  
High school:

Libraries: 1  
Post offices: 1  
Parks: 4  
Recreation centers: 1

## Proud Member

Lemon Grove  
Chamber  
of Commerce



## B Words

by Bob Burns

### Maybe community should buy Chargers

Just have to comment on the Jack Murphy Stadium brouhaha. We, who live outside the city of San Diego, can cuss and discuss what is going on there in Mission Valley because we are fans of the Padres and the Chargers. We do support them in varying degrees and we consider them "our" teams when they win (ala Ted Leitner).

However, the original cost of the stadium, and the upgrades, are purely the financial responsibility of the residents of San Diego City, and not us. Sure, we do go to the games and buy the T-shirts, but the bonding is not the tethers of money that handcuffs us all, it is only Susan Golding and company who must pay the tab.

There has been talk that the ballot measure, that supposedly would sanction or negate the construction, should involve the entire county. Of course, it would be great to vote on such expenditures without having to pay for them. The balance of the county is affected if the Chargers or the Padres leave our region, but it is not our checkbooks that will be harmed, only San Diego city residents and property holders.

I like what they did in Green Bay some years ago. In order to keep the Packers from leaving, the whole town just bought the franchise. The residents of Green Bay are the stock holders, and they have the say. Let us just suppose that a stock issue were to be offered for the Chargers. Say \$100 per share, anybody could own a piece of Stan Humphries and Tony Martin or Junior Seau. Make it 51 percent or more of the franchise so that the power would stay with the masses, as it were, and we could all really feel like we were a part of things, because we would be.

Stockholders meetings would see thousands who could stand up and be counted to sway decisions or vote for a Board of Directors. Player salaries would be controlled by Joe Sixpack and the destiny of the "home team" would be in communal hands. We could all be George Pernicanos in fact, and who knows what an impetus it would have on season ticket sales. I understand that Green Bay tickets are bequeathed in wills, and that divorce settlements hinge more on same than on custody of kids.

We gave up our three season tickets a few years ago. They were charter seats from when the stadium opened. Age, and our children's interests, were the reason, but I would gladly buy a share or two if such a plan were enacted. I think that the Spanos family has been the best yet for our football team. They have put up more money than any other owner and have been more supportive of San Diego as well, in my opinion. I would not want them to leave us, but I would bet that they would welcome a broader base of support (financially), and all that would go with it.

I hope that the construction of the stadium continues and we have a Super Bowl plus the enlarged capacity. I am sure that the San Diego Council will be more careful next time they look at a bond issue. I like Bruce Henderson and I approve of his "ask the people first" idea, but this has gone too far now to change.

Put me down for a share, and I'll bet there would be thousands who would do the same.

## Sheriff's Log

Jan. 3-23, 1997

8400 blk. Broadway. Grand theft. \$125 value.

Jan. 3-24, 1997

3200 blk. Sweetwater Rd. Grand theft. \$2,030 value.

Jan. 16, 1997

7600 blk. Pacific Ave. Residential burglary. \$892 value.

8100 blk. Lemon Grove Way. Vehicle burglary. \$400 value.

Jan. 18-19, 1997

6900 blk. North Ave. Grand theft. \$1,200 value.

Jan. 20, 1997

8300 blk. Broadway. Vehicle burglary. \$115 value.

Jan. 22, 1997

6600 blk. Federal Blvd. Strong-armed robbery. \$1.

Jan. 23, 1997

7100 blk. Broadway. Grand theft. \$500 value.

Jan. 25, 1997

3200 blk. College Pl. Residential burglary. \$45 value.

8000 blk. Darryl St. Residential burglary. \$100 value.

7000 blk. Broadway. Petty theft. \$60 value.

Jan. 28, 1997

7000 blk. Broadway. Attempted cash forged check.

Jan. 28-29, 1997

8100 blk. Golden Ave. Vehicle burglary. \$1,350 value.

Jan. 29, 1997

2500 blk. Buena Vista Ave. Auto theft. \$1,500 value.

2500 blk. Glebe Rd. Residential burglary. \$150 value.

Jan. 31, 1997

7000 blk. Broadway. Petty theft. \$1. value.

7000 blk. Broadway. Vehicle burglary. \$21 value.

Feb. 1, 1997

Broadway Ln. Vehicle burglary. \$1,565 value.

Feb. 1-2, 1997

8300 blk. Lincoln St. Vehicle burglary. Value unknown.

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Review

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# Chamane Shellstrom savored return to Lakeside barrel races

by Joe Naiman

Chamane Shellstrom, a former Miss Rodeo Lakeside, returned to Lakeside Feb. 9 when the West Coast Barrel Racers engaged in a double header at the Lakeside Saddle and Driving Club.

The event became a double header when the WCBR's January jackpot event scheduled at Camp Pendleton was rained out. The barrel racers have 11 jackpots a year, including the finals in March, throughout San Diego and Riverside counties. The organization had competed in Lakeside Oct. 6.

Shellstrom, an El Capitan graduate, is now the president of the West Coast Barrel Racers. The group had its annual meeting during the break between the two competitions.

Shellstrom's occupation is as a math teacher at Valhalla

High School, but she savors the equestrian lifestyle. "My mom was probably riding with me when she was pregnant. I've ridden all my life."

She was first involved in Gymkhana and started barrel racing in 1990. She was also on the Rainbow Riders drill team for three years.

Doug Shellstrom, Chamane's husband, liked barrel racing and encouraged her to start competing. She said she just never really had the time to do it, but, eventually, she would have done it.

She noted that there was a difference between performing on a drill team and competing in barrel racing, and that when you're on the drill team there's not quite so much pressure.

"When you're doing the drill team, it's a whole team effort," she remarked, noting that rid-

ers were dependent on each other and on horses. In barrel racing it's up to you. It's just you and your horse against the clock.

When she was Chamane Dexheimer, she also competed in the Miss Rodeo Lakeside pageant. She served as the First Rodeo Princess in 1990 and won the crown in 1991.

Her engagement to Doug, a former water polo star and swimmer at Valhalla High School, was delayed because Miss Rodeo USA cannot be married or engaged, so they waited until after the Miss Rodeo USA pageant in January 1992, where she placed fourth.

Chamane, the third of four Dexheimer children, attended Jamul's Los Flores Elementary School, Joan MacQueen Middle School in Alpine. She spent two years at Granite Hills High School before transferring to El Capitan High School to be in the agriculture and Future Farmers of America programs.

Knowing that she had to pay for college herself and that her family would let her live at home, Shellstrom attended Grossmont Community College, San Diego State University and National University before she received her B.A. in mathematics at National University.

Although she would have liked to have been an agriculture teacher, she also hopes to have a family someday and knew that the weekend activities of agriculture teachers wasn't compatible with her idea of being part of a family, so she took up math instead. "I was always really good in math," she remarked.

In December, Shellstrom finished her M.A. in Curriculum Leadership from National University. Shellstrom had been a student teacher at Valhalla last year, but this is her first year on the faculty.

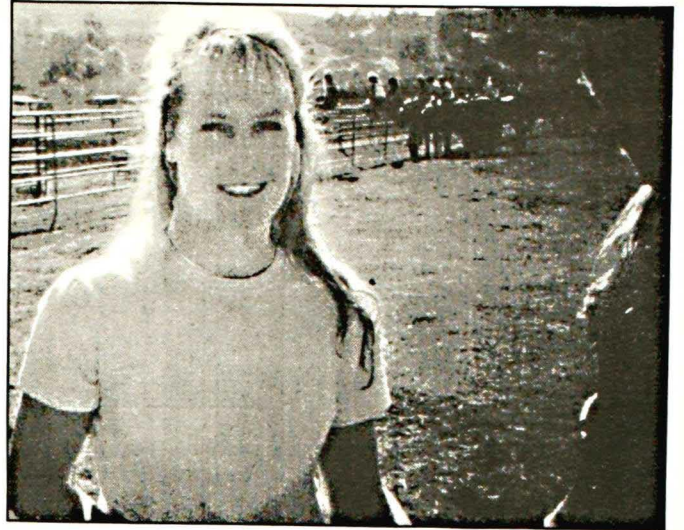
She teaches college prep algebra and geometry as well as basic algebra. Shellstrom considers herself a role model for female students. When Valhalla High School opened over 20 years ago, there were no female math teachers, but with her hiring, the women now outnumber the men 6 to 5 on Valhalla's math faculty.

Shellstrom said that geometry helped in determining her course routes, but not when she was racing; concentration on the course is more important.

Her duties as president of the WCBR, including race day items, also take away from her concentration during her own competition. "It's hard to stay concentrated on running barrels having all that on your mind, too."

Shellstrom joined the WCBR in 1993 and became an officer in 1994, serving as the president's assistant for the 1994-95 term and succeeding Jeannie Malone (ironically, also a former rodeo queen) as president in 1995.

She said she just wanted to get involved and meet some more people when accepting the position as president. "It's a good learning experience for



Chamane Shellstrom

me, broadened my horizons a little bit."

Shellstrom is also in the National Barrel Horse Association (NBHA), the International Pro Rodeo Association, and the Women's Pro Rodeo Association (affiliated with the Professional Rodeo Cowboys Association). This past summer she spent part of her vacation riding in Kansas, Nebraska and Colorado state rodeo association events.

Last year she competed in about 30 rodeos in addition to the monthly NBHA and WCBR competitions. For the past two years Shellstrom has competed on an 11-year-old quarterhorse called Classy (formally A Royal Classy Lady).

Shellstrom's previous horse had picked up a rare disease which affected its equilibrium, but Shellstrom was told about Classy's previous owner, who had been in a car accident and couldn't compete in barrel racing. Classy was trained by renowned barrel trainer Gail Tyson and finished second in Texas' biggest futurity when she was 5.

"She's a lot of fun. She's a re-

ally nice mare," said Shellstrom, who intends to rope with Classy when the horse can no longer compete in barrel racing.

Doug Shellstrom has a street sweeping business as well as a cucumber and oat hay farm at the Shellstrom's Jamul home. The Shellstroms have lived in Jamul since their marriage.

She said that for the most part there are really nice people who live out here. There's no people like country folks. They're a different breed of people than the city folks you run into.

The Shellstroms rent their Jamul residence. Although they own condo property in Spring Valley, a move there wouldn't fit into their lifestyle. The couple is considering buying in Japattul or Alpine.

The drive to Riverside events takes three hours with a horse trailer, and Shellstrom is up at 3 a.m. for the Riverside events. She appreciated the Lakeside competitions. "It's a treat when we have them closer to home," she said, noting that a lot of your family and friends like to come and watch.

## Sports Beat

with Greg Eichelberger



Another week, another threat from the NFL about San Diego losing the Super Bowl next year. We've been called an idiot over the last couple days (well, actually longer than that) about my view on not caring if we have the game here or not. Sorry folks, but we've been to the Major League playoffs, a political convention, a Rose Parade, a Holiday Bowl and sat through two O.J. trials, and we still don't care about a contest that is never close, over-hyped and more costly than a small Caribbean nation.

We do have an affinity for a few things, though. They are our very own Gulls hockey and Aztecs basketball teams. This past Saturday and Sunday, dozens of intrepid East County REC Program participants journeyed to the Sports Arena, first to see some cager action, then to witness the best WCHL team on the ice. Don't believe it? We have the photos to prove it.

And speaking of the arena, I must compliment Barry Lorge and Chris Tilker for the great arrangement they have offered to us local sports scribblers. This past Tuesday, yours truly met with other of his ilk to listen to former Sockers star, Juli Vee; ex-Charger All-Pro defensive end, Earl Faison; and Gulls skipper, Steve Martinson, while enjoying the best Domino's Pizza had to offer. Even colleague Joe Naiman managed to ask a few questions of the speakers, erasing the stigma of the Jim Fergosi/Bobby Ross fiascos. A banquet will be held tomorrow evening at the Town & Country Hotel Convention Center. Will we be there? Are there ducks in Lindo Park?

One more hockey note, Lakeside egg rancher (how do you brand an egg?) Harold Hilliker and attorney Jennifer Williams have been spied at several Gulls games this season. More on that later.

Want to play roller hockey? It's as easy as calling 632-0275, or registering before March 1. To do so, come to these locations: Retro Sports, 9100 Fletcher Parkway; La Mesa; Subway Sandwiches, Magnolia & Mast, Santee; Sportland, 1246 E. Main, El Cajon; Cal Stores, 131 E. Main, El Cajon; or Cajon Valley Middle School (where the rink will be), 395 Ballantyne, and pick up a form or two.

You can also learn how to bowl at classes offered by Valley Bowl (corner Bradley and Magnolia, El Cajon), but you have just Wednesday, Thursday and Friday (3:30 p.m.) to take advantage of them. Call 562-6666 for more details.

A big Sports Weekly kudo to those East County athletes who have made the grade, so to speak. First, Grossmont freshman, Christine Welsh made the U.T. by scoring five goals and assisting on three others in the Foothillers' 9-8 upset of ninth-ranked Granite Hills in a recent water polo match. Grossmont High's Ryan Lerh has committed to attend Cal-State Fullerton, along with his baseball counterpart, Brett Carondonna from El Capitan. Vaquero quarterback Kevin Macadam will be serving his collegiate tour of duty in Fort Collins, playing for Colorado State (get ready for some cold weather, Kev), while Christian's Sara Kidd will play big time volleyball for James Madison University. Christian girls basketball star Alyssa Fredrick and El Capitan cager Stephanie Kindreich will dribble for SDSU and New Orleans, respectively, while Dawn Dasher, Vaquero soccer great, will attend the University of Hawaii.

Also, just made a quick call to the public relations department of the Detroit Tigers to check on the rumor (circulated by the Tribune's Phil Collier) that El Cajon's own Tony Clark would be featured on that team's media guide this season. "Unfortunately, that is not true," said director Tyler Barnes. "We are not featuring any player on this year's book, opting instead for the large, Olde English 'D' that has become our symbol. Sorry." That's okay, you may still catch Clark in action at the last East County Baseball Camp this weekend at El Capitan High School. Call 443-1081 for more information.

That's it for now. If you have any recreation news that would fit snugly into this column, please call me at 390-7103. Until then, have a great sports week.

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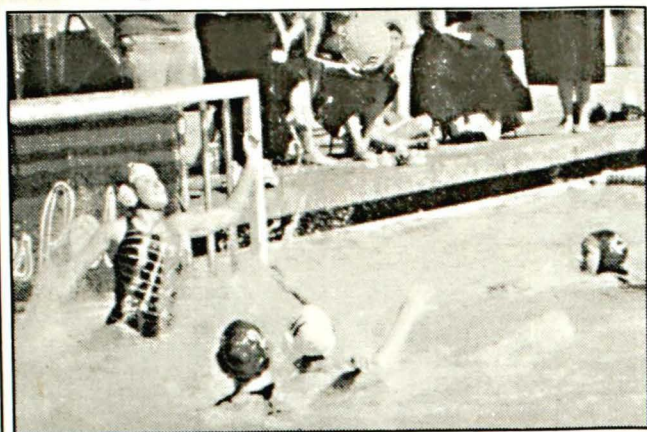


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## Waterpolo tournament action



In semifinal action at El Cajon Valley High School on Saturday, El Capitan (dark caps) edged Granite Hills, 9-7, to advance to the finals. A great save by the Granite Hills goalie as she gets high in the air (ball at top of picture) went for naught as the ball came down to the El Cap player at right, who made an easy goal. In the other semifinal, the Valhalla girls topped Grossmont, 11-5, to advance to the finals. The finals were held on Monday evening at ECV, after press time.

Photo by Marv Rosen

## AYSO all stars

Continued from Page 1

shutouts. In earlier pool action, Derek Campbell scored on a header off a corner kick against Alpine.

Santee Coach Jennifer Hill called the play of goalkeeper Alex Kyzer, "tremendous." On defense, Jeremy Hill, Bradley Reese and Nathan Craig kept F5 in every game. Nicholas Caraveo was Santee's general on the field as Luke Levellie, Nick Scott and Michael Vitale controlled the middle of the field.

Hill noted the speed and tenacious play of Anthony Fortini, and described the brother combination of Brian and Brendon Dunne as, "something special."

At Lakeside, the Division 4 Girls final came down to a shootout, with El Cajon Fully

Loaded edging Santee, 3-2. In earlier pool play at Jamul, Santee had edged El Cajon, 1-0. El Cajon went on to shutout victories in each of their other pool games and the semifinal match, setting up a huge rematch with Santee.

El Cajon held a 2-1 lead late in the championship game, but Santee tied it on a penalty shot. With no scoring during two seven-minute overtime periods, a shootout ensued. The teams were tied 2-2 after four shots. When Santee missed on its fifth attempt, Erika Santer drove in the winner.

Goalkeeper Ashley Bryant had an excellent tournament for El Cajon. Center defender Stephanie Christman dominated play, not allowing shots on goal, contributing to the string of shutouts. Center forward Courtney Stolis was El Cajon's top scorer. El Cajon Coach Tom Nokes described it as a solid team effort, with no weak links.

The La Mesa Shooters took the Division 5 Boys crown with a 3-1 win over El Cajon at Grossmont High School. El Cajon took an early first quarter lead, scoring what would be the only earned goal allowed by the Shooters during their six tournament matches. Second quarter goals by Mike Gamboa and Eddie Quinn put La Mesa ahead to stay and Gordon Keezell added the final goal in the third quarter. Lance Shelton and Matt Cortes each made a great save in the net for the Shooters.

La Mesa Coach Tony Cortes called his Shooters an exceptional team that jelled from the start. Defense was the key to victory, and Cortes noted the efforts of Cameron Belsey, Rich

Grant, Joe Cruz, Brad Kamau and Tim Ferrara.

In the Division 5 Girls final at Prospect School in Santee, the El Cajon Golden Numbers shut out La Mesa, 3-0. In the second quarter, Lori Vick scored off a centering pass from Courtney Rains. Vick later made a pass to Whitney Davis, resulting in El Cajon's second score. In the fourth quarter, Davis knocked the ball into the net with a leaping header following a mis-kick by the La Mesa goalie. Rains and Kimberly Fischer shared goal-tending duties in the final.

The Golden Numbers advanced to the final after a shootout semifinal win over Santee. The teams were scoreless through regulation play and two five-minute overtime periods. With Santee ahead 1-0 in the shootout, goalkeeper Rains made a leaping save to her left, then tied the score, 1-1 as the fourth shooter. Valene Smith won it for El Cajon by driving the fifth shot into the Santee net.

El Cajon Coach Eric Davis credited defenders Nicole Reichenbach, Kristina Griffen and Lauren Moser with helping the Golden Numbers hold its opponents scoreless in five of its six tournament games.

"Somewhere, each of the 14 players made a game-saving or game-winning play," noted Davis.

Each player from both the champion and runner-up teams received medals in ceremonies following the final matches. A number of stellar young athletes were medal recipients with both their league and all star teams. Champion and runner-up teams will continue on to the Tri-Area tournament in South Bay on Feb. 22 - 23.

## Ex-Charger to speak at prayer breakfast

by Joe Naiman

Rolf Benirschke, the former Chargers place-kicker who earned admiration on and off the field, will be the guest speaker at the La Mesa Sunrise Rotary Club's annual prayer breakfast Feb. 13 at the La Mesa Community Center.

Benirschke kicked for the Chargers from 1977 through 1986 and retired as the third most accurate field goal kicker in National Football League history. Later, he became a television personality and a spokesman for the Crohn's and Colitis Foundation of America, discussing the disease which nearly took his life early in his NFL career.

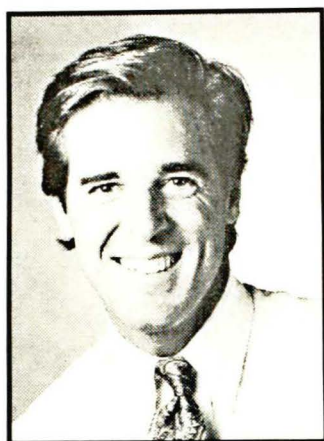
"We thought he would be a good attraction because of his being a sports celebrity and also his bout with ulcerative colitis," said Scott Allen of the Rotary

Club. Allen said the theme of the breakfast is how prayer changes one's life. "He battled for his life at one point," said Allen. "We thought he would be a good candidate for a speaker."

The club had been attempting to secure Benirschke as its annual prayer breakfast speaker previously, but without success. In obtaining Benirschke this year, the Rotary Club also obtained the benefit of having an author as its guest speaker, as Benirschke's book, "Alive and Kicking," was published in November.

While his place kicking impressed football fans and his recovery from a near-fatal disease was cause for additional admiration, Benirschke was also involved with the San Diego Zoo's Center for the Reproduction of Endangered Species (CRES), chaired by his father.

In 1980, Benirschke devel-



Rolf Benirschke

oped Kicks for Critters, involving pledges to the CRES for each field goal he kicked. During his career he raised over \$1.5 million for CRES, and established an environment and wildlife education program.

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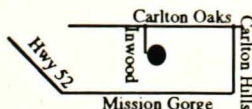
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## East County High Schools

### Sports Schedules

(as available)

**Tuesday, Feb. 11 - Tuesday, Feb. 18**

(check with schools for times)

**Tuesday** - Varsity Basketball: Boys (girls at opposing sites; JVs play preliminaries). El Capitan at Santana, Grossmont at Santana, Helix at Monte Vista, Valhalla at Helix.

**Thursday** - Wrestling: Helix at Granite Hills, Santana at West Hills, Monte Vista at Valhalla, El Capitan at El Cajon Valley, Grossmont at Mount Miguel. Varsity Basketball: Boys (girls play preliminary at same sites, JVs earlier). Grossmont at El Capitan, Mount Miguel at Granite Hills, Valhalla at Helix, West Hills at Santana. Girls Soccer (boys at opposite sites): Monte Vista at Mount Miguel, Granite Hills at Valhalla, West Hills at El Cajon Valley, Grossmont at El Capitan.

**Tuesday (2/18)** - Varsity Basketball: Boys (girls at opposing sites; JVs play preliminaries). Monte Vista at Mount Miguel, El Cajon Valley at West Hills, El Capitan at Santana, Helix at Granite Hills. Girls Soccer (boys at opposite sites): Valhalla at Mount Miguel, Helix at Monte Vista, West Hills at Grossmont, El Cajon Valley at Santana.

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